

WEEKLY MENU

LUNCH Week	Monday 8 December	Tuesday 9 December	Wednesday 10 December	Thursday 11 December	Friday 12 December	Saturday 13 December	Sunday 14 December
Soup	Red Lentil, Toasted Cumin Seed & Curry Oil	Haricot Bean Soup with Mushrooms & Chives	Oven Roasted Red Pepper & Tomato Soup	Mulligatawny	Roasted Tomato and Balsamic	N/A	N/A
Main Course	Classic Beef Bolognese	Slow Cooked Chicken & Chorizo Stew	Butchers Favourite Sausage	Pulled Beef, Butternut & Lentil Rogan Josh	Crispy Panko Chicken Burger	Hoi Sin Chicken Thighs with Sesame, Spring Onion & Coriander	Bacon, Sausage, Fried Egg, Hash Brown
Vegetarian	Tomato, Basil & Mascapone Sauce	Smokey Turtle Bean & Pumpkin Paella	Green Lentil & Barley Shepherds Pie	Cauliflower & Chickpea Korma	Roasted Cherry Tomato & Broccoli Quiche	Crispy Hoi Sin Tofu Stir Fry	Roasted Tomato, Beans, Fried Bread
Vegan Meal	Tomato & Basil Sauce	Smokey Turtle Bean & Pumpkin Paella	Green Lentil & Barley Shepherds Pie	Cauliflower & Chickpea Korma	Roasted Cherry Tomato & Broccoli Tart	Crispy Hoi Sin Tofu Stir Fry	Pan Fried Whole Flat Mushroom
Gluten and Dairy Free	G/F D/F Beef Bolognese	G/F D/F Slow Cooked Chicken & Chorizo Stew	G/F D/F Butchers Favourite Sausage	G/F D/F Pulled Beef, Butternut & Lentil Rogan Josh	Crispy G/f Panko Chicken Burger	Hoi Sin Chicken Thighs with Sesame, Spring Onion & Coriander	Gf Sausage
Gluten Free	G/F Beef Bolognese	G/F Slow Cooked Chicken & Chorizo Stew	G/F Butchers Favourite Sausage	G/F Pulled Beef, Butternut & Lentil Rogan Josh	Crispy G/f Panko Chicken Burger	Hoi Sin Chicken Thighs with Sesame, Spring Onion & Coriander	Cereal Station with Milk, Yoghurts
Dairy Free	D/F Beef Bolognese	D/F Slow Cooked Chicken & Chorizo Stew	D/F Butchers Favourite Sausage	D/F Pulled Beef, Butternut & Lentil Rogan Josh	Crispy Panko Chicken Burger	Hoi Sin Chicken Thighs with Sesame, Spring Onion & Coriander	Pain Au Chocolate, Crossaint
Pork Free	Classic Beef Bolognese	Slow Cooked Chicken Stew	Chicken Sausage	Pulled Beef, Butternut & Lentil Rogan Josh	Crispy Panko Chicken Burger	Hoi Sin Chicken Thighs with Sesame, Spring Onion & Coriander	Chicken & Herb Sausage
Sides	Spaghetti, Rosemary Focaccia	Spanish Rice	Mustard Mash	Coconut Rice	Shoestring Fries	Egg Fried Rice	American Pancake, English Crepe, Lemon Wedge, Sugar
Sides	Sweetcorn Broccoli Florettes	Garlic Roasted Courgette	Honey Roasted Carrots & Parsnip	Garlic Green Beans Turmeric Roasted Cauliflower	Beans, Peas	Stir Fry Veg	Waffles,
Sides	Basil & Rocket Pesto Crispy Onion Grated Cheddar	Roasted Rainbow Roots	Cumin Scented Savoy Cabbage	Kachumber Cucumber Raita Mango Chutney Poppadoms	Coleslaw, Caramilised Onion, Peri Peri Mayo	Sweet Chilli Sauce Prawn Crackers	Fresh Cut Fruit
Counter Pudding	Queen of Pudding	Dorset Apple Sponge Pouring Cream	Apricot & Apple Crumble Custard	Oaty Chocolate & Orange Cookie	Red Velvet Cake Cream Cheese Icing	Home Made Double Chocolate Chip Cookies	N/A

WEEKLY MENU

SUPPER Week	Monday 8 December	Tuesday 9 December	Wednesday 10 December	Thursday 11 December	Friday 12 December	Saturday 13 December	Sunday 14 December
Main Course	Garlic & Herb Chicken Legs	Kung Po Pork with Pepper, Spring onions and Broccoli	Sloppy Joe Bap with Peppers & Onion	Creamy Spicy Chicken & Broccoli Pasta	Toasted Panini Bar (Tuna Melt, Ham & Cheese, Southwest Chicken, Pepperoni& Mozzarella)	Saturday Night Fakeaway (Pizza Bar) Classic Margarita, Pepperoni & Ham & Pineapple	Marmalade Roasted Gammon
Pasta Bar	Mushroom & Tarragon	Classic Pizza Sauce	Creamy Spinach Pesto	N/A	Tomato Sauce with Roasted Garlic	N/A	N/A
Vegetarian	Roasted Thyme, Rosemary & White Wine Celeriac Steak	Stir Fried Veg & Beenshoot with Orange & Ginger Sauce	Vegetarian Sloppy Joe with Lentils, Peppers & Onion	Roasted Sweet Potato and Chick Pea Pasta with Napolitana Sauce	Toasted Panini Bar (Tomato & Cheese, Spinach & Pepper with Avacado, Roasted Med Veg & Pesto)	Saturday Night Fakeaway (Pizza Bar) Classic Margarita, Roasted Med Veg & Goats Cheese & Red Onion	Miso & Fennel Roasted Aubergine Steak
Vegan	Roasted Thyme, Rosemary & White Wine Celeriac Steak	Stir Fried Veg & Beenshoot with Orange & Ginger Sauce	Vegetarian Sloppy Joe with Lentils, Peppers & Onion	Roasted Sweet Potato and Chick Pea Pasta with Napolitana Sauce	Toasted Panini Bar (Tomato & Cheese, Spinach & Pepper with Avacado, Roasted Med Veg & Pesto)	Saturday Night Fakeaway (Pizza Bar) Roasted Med Veg & Vegan Feta & Red Onion	Miso & Fennel Roasted Aubergine Steak
Gluten Free And Dairy free	Garlic & Herb Chicken Legs	Kung Po Pork with Pepper, Spring onions and Broccoli	Sloppy Joe Bap with Peppers & Onion	Spicy Chicken & Broccoli Napolitana Pasta	Toasted Panini Bar (Tuna Melt, Ham & Cheese, Southwest Chicken, Pepperoni & Mozzarella)	Saturday Night Fakeaway (G/F Pizza Bar) Classic Margarita, Pepperoni & Ham & Pineapple	Marmalade Roasted Gammon
Dairy Free	Garlic & Herb Chicken Legs	Kung Po Pork with Pepper, Spring onions and Broccoli	Sloppy Joe Bap with Peppers & Onion	Spicy Chicken & Broccoli Napolitana Pasta	Toasted Panini Bar (Tuna Melt, Ham & Cheese, Southwest Chicken, Pepperoni & Mozzarella)	Saturday Night Fakeaway (Pizza Bar) Roasted Med Veg & Vegan Feta & Red Onion	Marmalade Roasted Gammon
Pork Free	Garlic & Herb Chicken Legs	Kung Po Pork with Pepper, Spring onions and Broccoli	Sloppy Joe Bap with Peppers & Onion	Creamy Spicy Chicken & Broccoli Pasta	Toasted Panini Bar (Tuna Melt, Ham & Cheese, Southwest Chicken, Pepperoni& Mozzarella)	Saturday Night Fakeaway (Pizza Bar) Classic Margarita, Pepperoni & Ham & Pineapple	Miso & Fennel Pan Roast Chicken Breast
Sides	Cheese & Red Onion Wedges	Beggars Noodle	Roasted Diced Potatoes	Chilli & Spring Onion Bread	Sumac Wedges & Coriander	Garlic & Cheese Baguette	Sage & Buttered Roast Potatoes, Sweet Potato Mash
Sides	Beans, Peas	Chinese Cabbage	Coleslaw, Caramelised Onion	Courgette & Cherry Tomatoes	Green Beans, Elota Pasta Salad	Pizza Sauce, Garlic & Herb Dip	Glazed Carrots, Apple Sauce
Sides	Mediterranean coleslaw	Prawn Crackers	Roast Cauliflower with Rosemary	Rosemary & Garlic Corn On the Cob	Harissa Mayo, Naked Slaw	Ceaser Salad, Roasted Sweet Potato Wedges	Garlic Green Beans, Pan Jus
Dessert	Pear and chocolate Sponge with Custard	Lemon & Stem Ginger Cheesecake	Pineapple Upside Down Sponge & Vanilla Custard	Winter Berry Crumble & Vanilla Custard	Double Chocolate Sponge & White Chocolate Sauce	Pineapple Fritters & Syrup	Blackberry & Apple Tart