

WEEKLY MENU

LUNCH Week	Monday 15 September	Tuesday 16 September	Wednesday 17 September	Thursday 18 September	Friday 19 September	Saturday 20 September	Sunday 121September
Soup	Minestrone	Thai Coconut soup with Noodles & Tofu	Butternut Squash & Fennel	Summer Veg Broth with Pearl Barley	Potato & Leek with Creme Fraiche	N/A	N/A
Main Course	Spicy Merguez & Tomato Pasta	Pulled Korean Beef Bulgogi	Thyme & Garlic Roasted Chicken Leg	Beef Balti	Crispy Panko Chicken Burger	B'stilla (Moroccan chicken pie)	Bacon, Sausage, Fried Egg, Hash Brown
Vegetarian	Cheesy Broccoli Pasta Bake	Korean Sticky Honey & Gochujang Tofu Steak	Toasted Seeds & Red Lentil Meatloaf	Sweet Potato, Chickpea & Spinach Korma	Roasted Cherry Tomato & Broccoli Quiche	Harissa Quorn & Butternut Tagine	Roasted Tomato, Beans, Fried Bread
Vegan Meal	Vegan Cheesy Broccoli Pasta Bake	Korean Sticky Honey & Gochujang Tofu Steak	Vegan Toasted Seeds & Red Lentil Meatloaf	Sweet Potato, Chickpea & Spinach Korma	Roasted Cherry Tomato & Broccoli Tart	Harissa Chickpea & Butternut Tagine	Pan Fried Whole Flat Mushroom
Gluten and Dairy Free	G/F D/F Spicy Merguez & Tomato Pasta	G/F D/F Pulled Korean Beef Bulgogi	G/F D/F Thyme & Garlic Roasted Chicken Leg	Beef Balti	Crispy G/f Panko Chicken Burger	Harissa Chickpea & Butternut Tagine	Gf Sausage
Gluten Free	G/F Spicy Merguez & Tomato Pasta	G/F Pulled Korean Beef Bulgogi	G/F Thyme & Garlic Roasted Chicken Leg	Beef Balti	Crispy G/f Panko Chicken Burger	Harissa Chickpea & Sweet Potato Tagine	Cereal Station with Milk, Yoghurts
Dairy Free	D/F Spicy Merguez & Tomato Pasta	D/F Pulled Korean Beef Bulgogi	D/F Thyme & Garlic Roasted Chicken Leg	Beef Balti	Crispy Panko Chicken Burger	B'stilla (Moroccan chicken pie)	Pain Au Chocolate, Croissant
Pork Free	Spicy Chicken & Tomato Pasta	Pulled Korean Chicken Bulgogi	Thyme & Garlic Roasted Chicken Leg	Beef Balti	Crispy Panko Chicken Burger	B'stilla (Moroccan chicken pie)	Chicken & Herb Sausage
Sides	Garlic & Rosemary Focaccia	Korean Stir fry Rice	Crispy Roasties	Coconut & Coriander Rice, Dhal	Shoestring Fries	Egyptian Koshari	American Pancake, English Crepe, Lemon Wedge, Sugar
Sides	Petit Pois	Lime & Garlic Corn Ribs, Sweet Chilli Green Beans	Honey Roasted Roots	Naan Bread, Mango Chutney, Riata	Beans, Peas	Ras El Hanout Roasted Butternut	Waffles,
Sides	Roasted Cauliflower	Kimchi Slaw, Crispy Onions Prawn Crackers Siracha Mayo Sweetchilli Sauce	Broccoli Florettes	Roasted Turmeric Butternut, Pan Fried Cabbage	Coleslaw, Caramelised Onion, Peri Peri Mayo	Cumin Roasted Broccoli	Fresh Cut Fruit
Counter Pudding	Sticky Stem Ginger Sponge & Cream	Miso Brownie	Mississippi Mud Pie	Steamed Syrup Sponge Custard	Apple & Cherry Pie Custard	Blueberry & Elderflower Mess	N/A

WEEKLY MENU

SUPPER Week	Monday 15 September	Tuesday 16 September	Wednesday 17 September	Thursday 18 September	Friday 19 September	Saturday 20 September	Sunday 21 September
Main Course	Toad in the Hole with Rosemary Yorkshire Pudding	Pork & Dark Ale Stew	Chicken & Chorizo Jambalaya	Mac & Cheese with Crispy Bacon	Traditional Cottage Pie	Saturday Night Takeaway (Ramen Noodle Bar: Sweet and Sour Soy Broth, Soy and Chilli Broth, Shredded Chicken Breast)	Roast Whole Chicken
Pasta Bar	Sundried Tomato Pesto	Spicy Tomato & Feta	Classic Alfredo	N/A	Creamy Courgette & Bacon	N/A	N/A
Vegetarian	Vegetarian Sausage Toad in the Hole with Rosemary	Mushroom, Onion, Carrot & Potato Dark Ale Stew	3 Bean Jambalaya	Mac & Cheese with Spinach & Roasted Mushroom	Root Vegetable & Lentil Cottage Pie	Saturday Night Takeaway (Ramen Noodle Bar: Sweet and Sour Soy Broth, Soy and Chilli Broth)	Roasted Root Vegetable & Flat Mushroom Wellington
Vegan	Vegan Toad in the Hole with Rosemary	Mushroom, Onion, Carrot & Potato Dark Ale Stew	3 Bean Jambalaya	Vegan Mac & Cheese with Spinach & Roasted Mushroom	Root Vegetable & Lentil Cottage Pie	Ramen Noodle Bar: Sweet and sour soy Broth, Soy and Chilli Broth	Roasted Root Vegetable & Flat Mushroom Wellington
Gluten Free And Dairy free	Toad in the Hole with Rosemary	Pork & Red Wine Stew	Chicken & Chorizo Jambalaya	Vegan Mac & Cheese with Bacon	Traditional Cottage Pie	Saturday Night Takeaway (Ramen Noodle Bar: Sweet and Sour Soy Broth, Soy and Chilli Broth, Shredded Chicken Breast)	Roast Whole Chicken
Dairy Free	Toad in the Hole with Rosemary	Pork & Dark Ale Stew	Chicken & Chorizo Jambalaya	Vegan Mac & Cheese with Bacon	Traditional Cottage Pie	Saturday Night Takeaway (Ramen Noodle Bar: Sweet and Sour Soy Broth, Soy and Chilli Broth, Shredded Chicken Breast)	Roast Whole Chicken
Pork Free	Chicken Sausage Toad in the Hole with Rosemary	Pork & Dark Ale Stew	Chicken & Chorizo Jambalaya	Mac & Cheese with Pulled Chicken	Traditional Cottage Pie	Saturday Night Takeaway (Ramen Noodle Bar: Sweet and Sour Soy Broth, Soy and Chilli Broth, Shredded Chicken Breast)	Roast Whole Chicken
Sides	Seasoned Potato Wedges	Classic Mashed Potato	Jalapeno & Cheddar Cornbread, Cajun Fried Potato with Onion	Garlic & Rosemary Focaccia	Steamed Hispi Cabbage	Prawn Crackers, Spring Rolls	Haasselback Potatoes, Chicken Gravy
Sides	Steamed Broccoli, Carrots	Roasted Cauliflower	Corn Maque Choux	Charred Broccoli	Green Beans mixed with Tomato Sauce	Boiled Eggs, Spinach, Pak Choi	Fresh Steamed Broccoli, Stuffing
Sides	Onion Gravy	Sauteed Cabbage	Green Beans	Buttered Corn on the Cob	Petit Pain	Spring Onion, Fried Mushrooms, Fried Peppers, Grated Carrot	Cauliflower Cheese & Chive, Cranberry Sauce
Dessert	Apple & Lemon Crumble with Vanilla Custard	Retro Sheet Cake with Rainbow Sprinkles	Sweet Potato Cake with Cream Cheese Frosting	Banoffee Cheesecake	Gingerbread Shortbread Biscuits	Lemon Posset Tart	Classic Jam Roly Poly & Orange Scented Custard