

# WEEKLY MENU

LUNCH Week	Monday 28 April	Tuesday 29 April	Wednesday 30 April	Thursday 1 May	Friday 2 May	Saturday 3 May	Sunday 4 May
Soup	Sweetcorn & Miso	Carrot & Ginger with Gremolata	Potato & Leek with Tarragon Creme Fraiche	Pea & Spinach with Smoked Bacon Lardons	Cream of Mushroom with Watercress Pesto	Possibly No Catering	Possibly No Catering
Main Course	Cheesy French Onion Mac & Cheese	Turkey Leek & Potato Hot Pot with Herb & Parmesan Crumble	Classic Creamy Chicken Pie with Black Pepper Puff Pastry	Breaded Chicken Goujons	Classic Beef Burgers	Chicken Tikka Biryani	Bacon, Sausage, Fried Egg, Roasted Tomato, Hash Brown
Vegetarian	Cheesy French Onion Mac & Cheese	Chunky Quorn Shepherds Pie with Root Vegetables & Sweet Potato Mash top	Butternut Squash, Pinto Bean Chilli with Crushed Tortilla	Hoisin Jackfruit, Tofu & Edamame Wrap	Halloumi & Roasted Pepper Burger	Mixed Vegetable Biryani	Pan Fried Flat Mushroom
Vegan Meal	Vegan Cheesy French Onion Mac & Cheese	Chunky Quorn Shepherds Pie with Root Vegetables & Sweet Potato Mash top	Butternut Squash, Pinto Bean Chilli with Crushed Tortilla	Vegan Hoisin Jackfruit, Tofu & Edamame Wrap	Vegan Halloumi & Roasted Pepper Burger	Mixed Vegetable Biryani	Chicken & Herb Sausage
Gluten and Dairy Free	G/F D/F Cheesy French Onion Mac & Cheese	G/F D/F Chunky Quorn Shepherds Pie with Root Vegetables & Sweet Potato Mash top	G/F D/F Butternut Squash, Pinto Bean Chilli with Crushed Tortilla	G/F D/F Hoisin Jackfruit, Tofu & Edamame Wrap	G/F D/F Halloumi & Roasted Pepper Burger	Chicken Tikka Biryani	Creamy Porridge Bar with Assorted Toppings
Gluten Free	G/F Cheesy French Onion Mac & Cheese	G/F Chunky Quorn Shepherds Pie with Root Vegetables & Sweet Potato Mash top	G/F Butternut Squash, Pinto Bean Chilli with Crushed Tortilla	G/F Hoisin Jackfruit, Tofu & Edamame Wrap	G/F Halloumi & Roasted Pepper Burger	Chicken Tikka Biryani	American Pancakes, English Pancakes Pain Au Chocolate, Maple Syrup
Dairy Free	D/F Cheesy French Onion Mac & Cheese	D/F Chunky Quorn Shepherds Pie with Root Vegetables & Sweet Potato Mash top	D/F Butternut Squash, Pinto Bean Chilli with Crushed Tortilla	D/F Hoisin Jackfruit, Tofu & Edamame Wrap	D/F Halloumi & Roasted Pepper Burger	Chicken Tikka Biryani	Cereal Station with Milk, Yoghurts and Fresh Fruit
Pork Free	Cheesy French Onion Mac & Cheese	Turkey Leek & Potato Hot Pot with Herb & Parmesan Crumble	Classic Creamy Chicken Pie with Black Pepper Puff Pastry	Breaded Chicken Goujons	Classic Beef Burgers	Chicken Tikka Biryani	N/A
Sides	Garlic & Rosemary Focaccia	Herb Buttered Potatoes	Vegetable Rice	Shoestring Potato Chips	Oven Baked Herby Potato Wedges	Channa Massala	Croissants
Sides	Roasted Broccoli	Red Wine Braised Red Cabbage	Garlic Roasted Peppers & Courgette	Cajun Corn on the Cob	Baked Beans Minted Peas	Onion Bhaji Kachumber Salad	Waffles
Sides	Parsley Sweetcorn	Honey & Thyme Roasted Parsnip	Caraway Green Beans	Classic Coleslaw	Tomato Gherkins Caramelised Onion	Mango Chutney Cucumber Raita Poppadoms	Yoghurts and Fruit Slices
Counter Pudding	Coconut, Lime & Pineapple Sponge	Chocolate Bread & Butter Pudding Pouring Cream	Apple & Berry Compote with Oaty Crumb Topping Custard	Chocolate Cupcakes	Iced Ring Doughnut	Cardamom & Mango Cheesecake	N/A



# WEEKLY MENU

SUPPER Week	Monday 28 April	Tuesday 29 April	Wednesday 30 April	Thursday 1 May	Friday 2 May	Saturday 3 May	Sunday 4 May
Main Course	Slow Cooked Cajun Pulled Pork	Tarragon Chicken with Leeks & Lemon	Shiplake Collage Pork Sausage & Cheesy Spring Onion Mash	Mac & Cheese with Pulled Chicken & Chorizo	Traditional Cottage Pie	Ramen Noodle Bar: Sweet and Sour Soy Broth, Soy and Chilli Broth, Shredded Chicken Breast	Roast Beef Brisket
Pasta Bar	Tomato & Red Pepper	3 Cheese & Chive	Pizza Sauce	N/A	Creamy Courgette & Bacon	N/A	N/A
Vegetarian	Plant Based Spicy Buritto with Black Beans, Jack Fruit & Cilantro	Roasted Carrot & Whipped Feta Tart	Glamorgan Sausage	Mac & Cheese with Garlic Mushrooms & Spinach	Root Vegetable & Lentil Cottage Pie	Ramen Noodle Bar: Sweet and Sour Soy Broth, Soy and Chilli Broth	Roasted Sweet Potato & Root Veg Loaf
Vegan	Plant Based Spicy Buritto with Black Beans, Jack Fruit & Cilantro	Roasted Carrot & Whipped Feta Tart	Glamorgan Sausage	Mac & Cheese with Garlic Mushrooms & Spinach	Root Vegetable & Lentil Cottage Pie	Ramen Noodle Bar: Sweet and Sour Soy Broth, Soy and Chilli Broth	Roasted Sweet Potato & Root Veg Loaf
Gluten Free And Dairy free	Slow Cooked Cajun Pulled Pork	Tarragon Chicken with Leeks & Lemon	Shiplake Collage Pork Sausage & Cheesy Spring Onion Mash	Tomato & Basil Pasta with Pulled Chicken	Traditional Cottage Pie	Ramen Noodle Bar: Sweet and Sour Soy Broth, Soy and Chilli Broth, Shredded Chicken Breast	Roast Beef Brisket
Dairy Free	Slow Cooked Cajun Pulled Pork	Tarragon Chicken with Leeks & Lemon	Shiplake Collage Pork Sausage & Cheesy Spring Onion Mash	Tomato & Basil Pasta with Pulled Chicken	Traditional Cottage Pie	Ramen Noodle Bar: Sweet and Sour Soy Broth, Soy and Chilli Broth, Shredded Chicken Breast	Roast Beef Brisket
Pork Free	Slow Cooked Cajun Pulled Chicken	Tarragon Chicken with Leeks & Lemon	Shiplake Collage Chicken Sausage & Cheesy Spring Onion Mash	Mac & Cheese with Pulled Chicken	Traditional Cottage Pie	Ramen Noodle Bar: Sweet and Sour Soy Broth, Soy and Chilli Broth, Shredded Chicken Breast	Roast Beef Brisket
Sides	Mexican Rice,Tortilla Wraps, Gaucamole, Tomato Salsa	Salt & Pepper Parmentier Potatoes	Cheesy Spring Onion Mash, Fresh Garden Peas	Olive & Rosemary Loaf	Steamed Hispi Cabbage	Prawn Crackers, Spring Rolls	Home Made Yorkshire Pudding, Pomme Anna
Sides	Chilli & Coconut Green Beans Smoked Paprika Corn Cob	Roasted Carrot Wedges	Thyme Infused Creamy Leeks	Parmesan Tossed Green Beans	Green Beans mixed with Tomato Sauce	Boiled Eggs, Spinach, Pak Choi,	Garlic Carrot & Honey Roast Parsnip
Sides	Warm Fiesta Corn Salad Loaded Black Bean Dip Cheesy Jalapeno Nachos	Wilted Savoy Cabbage	Wholegrain Mustard Gravy	Roasted Butternut Squash	Petit Pain	Spring Onion, Fried Mushrooms, Fried Peppers, Grated Carrot	Red Wine Jus
Dessert	Spiced Hot Chocolate Brownies	Chocolate Orange Cake with White Chocolate Sauce	Classic New York Cheesecake	Black Forest Sponge & Vanilla Custard	Egg Custard Tart	Cream Cheese Whipped Brownie	Traditional Swiss Roll