

WEEKLY MENU

LUNCH Week	Monday 13 th April	Tuesday 14 th April	Wednesday 15 th April	Thursday 16 th April	Friday 17 th April	Saturday 18 th April	Sunday 19 th April
Soup		Spiced Carrot & Lentil Soup	Potato & Leek with Creme Fraiche	Oven Roasted Red Pepper & Tomato Soup	Sweetcorn Chowder	N/A	N/A
Main Course		Chicken Tikka Masala	Marmalade Glazed Roast Gammon, Cider Gravy Apple Sauce	Slow Cooked Jamaican Beef Stew	Freshly Battered Fish of the Day	Shiplake Pasta Bar	Bacon, Sausage, Fried Egg, Hash Brown
Vegetarian		Paneer Makhani	Creamy Baked Gnocchi with Squash & Spinach	Sweet Potato, Coconut & Turtle Bean Rundown	Sweet Potato Cake with Poached Egg	Shiplake Pasta Bar	Roasted Tomato, Beans, Fried Bread
Vegan Meal		Paneer Makhani	Creamy Baked Gnocchi with Squash & Spinach	Sweet Potato, Coconut & Turtle Bean Rundown	Sweet Potato Cake	Shiplake Pasta Bar	Pan Fried Whole Flat Mushroom
Gluten and Dairy Free		Chicken Tikka Massala	Marmalade Glazed Roast Gammon, Cider Gravy Apple Sauce	Slow Cooked Jamaican Beef Stew	Freshly Battered Fish of the Day	Shiplake Pasta Bar	Gf Sausage
Gluten Free		Chicken Tikka Massala	Marmalade Glazed Roast Gammon, Cider Gravy Apple Sauce	Slow Cooked Jamaican Beef Stew	Freshly Battered Fish of the Day	Shiplake Pasta Bar	Cereal Station with Milk, Yoghurts
Dairy Free		Chicken Tikka Massala	Marmalade Glazed Roast Gammon, Cider Gravy Apple Sauce	Slow Cooked Jamaican Beef Stew	Freshly Battered Fish of the Day	Shiplake Pasta Bar	Pain Au Chocolate, Crossaint
Pork Free		Chicken Tikka Massala	Marmalade Glazed Roast Chicken, Cider Gravy Apple Sauce	Slow Cooked Jamaican Beef Stew	Freshly Battered Fish of the Day	Shiplake Pasta Bar	Chicken & Herb Sausage
Sides		Turmeric Rice, Mini Naan Mango Chutney Cucumber Raita	Black Pepper & Rosemary Roasties	Rice & Peas	Tripple Cooked Chunky Chips	Garlic Baguette	American Pancake, English Crepe, Lemon Wedge, Sugar
Sides		Coconut Cabbage	Roasted Root Vegetables	Jerk Roasted Broccoli	Baked Beans Minted Peas Mushy Peas	Parmesan Green Beans	Waffles,
Sides		Ginger & Cummin Seeds Carrots	Buttered Peas	Garlic & Lime Corn on the Cob	Ketchup, Mayo, Mustard, Pickled Egg, Pickled Cucumber, Tartar Sauce	Cherry Tomato & Basil Salad	Fresh Cut Fruit
Counter Pudding		No Bake Mango Lassic Cheesecake	Chocolate Chip Sponge	Coconut Rice Pudding Spiced Soaked Raisins Lime Marinated Pineapple Toasted Coconut	Spiced Carrot with Cream Cheese Topping	Chef's Choice of Pudding the Week	N/A

WEEKLY MENU

SUPPER Week	Monday 13 th April	Tuesday 14 th April	Wednesday 15 th April	Thursday 16 th April	Friday 17 th April	Saturday 18 th April	Sunday 19 th April
Main Course			Vietnamese Lemongrass Chicken Thigh	Creamy Tuscan Sausage Pasta with Grana Paddano & Crispy Onion Topping	Build your Own Buritto Slow Brasied Beef Chilli Chipotle Pulled Chicken	Pizza Night Double Pepperoni BBQ Chicken	Roast Topside of Beef Rich Gravy Yorkshire Pudding
Pasta Bar			Mediterranean Sausage Ragu	N/A	Sundried Tomato & Garlic Cream Sauce	N/A	N/A
Vegetarian			Thai Chickpea & Coriander Burger	Creamy Tomato Sauce with Basil & Ricotta	Spicy Quinoa & Pulled Jackfruit	Margherita	Butternut Squash Wellington
Vegan			Thai Chickpea & Coriander Burger	Creamy Tomato Sauce with Basil & Vegan Cream Cheese	Spicy Quinoa & Pulled Jackfruit	Vegan Margherita	Butternut Squash Wellington
Gluten Free And Dairy free			Vietnamese Lemongrass Chicken Thigh	Creamy Tuscan Sausage Pasta with Vegan Cheese Topping	Slow Brasied Beef Chilli Chipotle Pulled Chicken	Pepperoni	Roast Topside of Beef Rich Gravy Yorkshire Pudding
Dairy Free			Vietnamese Lemongrass Chicken Thigh	Creamy Tuscan Sausage Pasta with Vegan Cheese Topping	Slow Brasied Beef Chilli Chipotle Pulled Chicken	Pepperoni	Roast Topside of Beef Rich Gravy Yorkshire Pudding
Pork Free			Vietnamese Lemongrass Chicken Thigh	Creamy Tuscan Chicken Pasta with Grana Paddano Topping	Slow Brasied Beef Chilli Chipotle Pulled Chicken	BBQ Chicken	Roast Topside of Beef Rich Gravy Yorkshire Pudding
Sides			Sweet Chilli Noodles	Homemade Focaccia	Cilantro & Lime Rice Flour Tortillas	Cheesy Fries	Potato Dauphinoise
Sides			Sesame Stirfried Carrots, Peppers, Hisbie Cabbage,	Oregano Roasted Carrots	Shredded Lettuce	Roquette, Tomato, Cucumber Salad	Roasted Carrots
Sides			Sweetcorn	Green Beans	Guacamole Sour Cream Cheesy Nachos Jalapeno	New York Slaw	Cauliflower Cheese
Dessert			Apple & Blueberry Crumble with Lemon Zest & Vanilla Custard	Classic Tirimasu	Black Forest Tray Bake	Jam Doughnuts	Ice Cream Bar