

# WEEKLY MENU

LUNCH Week	Monday 20 <sup>th</sup> April	Tuesday 21 <sup>st</sup> April	Wednesday 22 <sup>nd</sup> April	Thursday 23 <sup>rd</sup> April	Friday 24 <sup>th</sup> April	Saturday 25 <sup>th</sup> April	Sunday 26 <sup>th</sup> April
Soup	Sweetcorn & Miso	Spiced Sweet Potato Soup with Chilli Oil	Thai Butternut & Coconut	Roasted Tomato and Balsamic	Minted Pea & Gammon	N/A	N/A
Main Course	Creamy Pulled Chicken & Rocket Pesto Pasta	Fragrant Sri Lankan Beef Curry	Spanish Chicken in Bravas Sauce	Roast loin of Pork & Crackling Rich Gravy Apple Sauce	Classic Beef Burgers	Shiplake Pasta Bar	Bacon, Sausage, Fried Egg, Hash Brown
Vegetarian	Roasted Tomato, Rocket & Ricotta Pasta Bake	Sri Lankan Pumpkin & Chickpea Curry	Mixed Bean Paella with Garlic Aioli & Focaccia	Roasted Vegetable & Brie Puff Tart with Crispy Rocket	Crispy Panko Crumbed Flat Mushrrom & Cheddar Burger	Shiplake Pasta Bar	Roasted Tomato, Beans, Fried Bread
Vegan Meal	Roasted Tomato, Rocket & Vegan Cheese Pasta Bake	Sri Lankan Pumpkin & Chickpea Curry	Mixed Bean Paella with Garlic Aioli & Focaccia	Roasted Vegetable & Vegan Feta Puff Tart with Crispy Spinach	Crispy Panko Crumbed Flat Mushrrom & Vegan Cheddar Burger	Shiplake Pasta Bar	Pan Fried Whole Flat Mushroom
Gluten and Dairy Free	G/F D/F Creamy Pulled Chicken & Pesto Pasta	G/F D/F Fragrant Sri Lankan Beef Curry	G/F D/F Spanish Chicken in Bravas Sauce	G/F D/F Roast Pork & Crackling Rich Gravy Apple Sauce	G/F D/F Classic Beef Burgers	Shiplake Pasta Bar	Gf Sausage
Gluten Free	G/F Creamy Pulled Chicken & Pesto Pasta	G/F Fragrant Sri Lankan Beef Curry	G/F Spanish Chicken in Bravas Sauce	G/F Roast Pork & Crackling Rich Gravy Apple Sauce	G/F Classic Beef Burgers	Shiplake Pasta Bar	Cereal Station with Milk, Yoghurts
Dairy Free	D/F Creamy Pulled Chicken & Pesto Pasta	D/F Fragrant Sri Lankan Beef Curry	D/F Spanish Chicken in Bravas Sauce	D/F Roast Pork & Crackling Rich Gravy Apple Sauce	D/F Classic Beef Burgers	Shiplake Pasta Bar	Pain Au Chocolate, Crossaint
Pork Free	D/F Creamy Pulled Chicken & Pesto Pasta	D/F Fragrant Sri Lankan Beef Curry	D/F Spanish Chicken in Bravas Sauce	D/F Roast Chicken Rich Gravy Apple Sauce	D/F Classic Beef Burgers	Shiplake Pasta Bar	Chicken & Herb Sausage
Sides	Olive & Rosemary Focaccia	Cardamon Rice Popadoms Coconut Sambol	Smoked paprika Roasted New Potatoes	Garlic & Rosemary Roast Potatoes	Shoestring Fries	Garlic Baguette	American Pancake, English Crepe, Lemon Wedge, Sugar
Sides	Herby Carrots	Coconut Green Beans Cucumber Raita	Roasted Mix Peppers	Cumin Scented Wilted Cabbage	Classic Coleslaw Peas	Parmesan Green Beans	Waffles,
Sides	Peas	Tumeric& Curry Leaves Roasted Cauliflower	Corn on the Cob with Garlic & Herb Butter	Honey Roast Carrot & Parsnip	Caramilised Onion Peri Peri Mayo Sliced Gherkins	Cherry Tomato & Basil Salad	Fresh Cut Fruit
Counter Pudding	Red Velvet Cake Cream Cheese Icing	Shiplake Mess Mix Fruit Compote Crushed Meringues Chantilly Cream	Syrup Sponge with Whipped Vanilla Cream	Apple Compote with Oaty Mincemeat Crumb Custard	Chocolate Chip Cupcakes	Lemon Flapjack	N/A

# WEEKLY MENU

SUPPER Week	Monday 20 <sup>th</sup> April	Tuesday 21 <sup>st</sup> April	Wednesday 22 <sup>nd</sup> April	Thursday 23 <sup>rd</sup> April	Friday 24 <sup>th</sup> April	Saturday 25 <sup>th</sup> April	Sunday 26 <sup>th</sup> April
Main Course	Mexican Pork Chilli with Smokey BBQ Flavour	Oven Baked Chicken Breast In Sundried Tomato & Parmesan Cream	Pork & Leek Sausages Onion Gravy	Creamy Chicken & Bacon Carbonara Pasta	Sichuan Crispy Pork	Pizza Night Meat Feast Truffle Salami & Rocket	Sunday Roast Roast Chicken Rich Gravy Yorkshire Pudding
Pasta Bar	Creamy Parmesan & Garlic	Roasted Tomato & Basil	Creamy Pesto	N/A	Beef Bolognese		N/A
Vegetarian	Smokey Five Bean & Butternut Chilli	Roasted Pepper & Mixed Bean Paella	Vegetarian Sausage Toad in the Hole	New York Mac & Cheese	Tofu & Broccoli Stir Fry	Goat Chees Mozzarella Artichoke & Rocket	Harissa Roasted Squash & Feta Pie
Vegan	Smokey Five Bean & Butternut Chilli	Roasted Pepper & Mixed Bean Paella	Vegetarian Sausages	Vegan Mac & Cheese	Tofu & Broccoli Stir Fry	Vegan Cheese Artichoke & Rocket	Harissa Roasted Squash & Vegan Feta Pie
Gluten Free And Dairy free	Mexican Pork Chilli with Smokey BBQ Flavour	G/F D/F Oven Baked Chicken Breast In Sundried Tomato Sauce	G/F D/F Cumberland Sausages	G/F D/F Creamy Chicken & Bacon Carbonara Pasta	G/F D/F Sichuan Crispy Pork	G/F D/F Meat Feast Truffle Salami & Rocket	Sunday Roast Roast Chicken Rich Gravy
Dairy Free	Mexican Pork Chilli with Smokey BBQ Flavour	G/F D/F Oven Baked Chicken Breast In Sundried Tomato Sauce	Pork & Leek Sausages	D/F Creamy Chicken & Bacon Carbonara Pasta	D/F Sichuan Crispy Pork	D/F Meat Feast Truffle Salami & Rocket	Sunday Roast Roast Chicken Rich Gravy
Pork Free	Mexican Beef Chilli with Smokey BBQ Flavour	Oven Baked Chicken Breast In Sundried Tomato & Parmesan Cream	Chicken Sausages	Creamy Chicken & Carbonara Pasta	Sichuan Crispy Chicken	Pulled Chicken & Mozzarella	Sunday Roast Roast Chicken Rich Gravy
Sides	Mexican Rice Flour Tortillas	Buttered Spaghetti	Spring Onion Mash	Sundried Tomato & Olive Foccacia	Soy Noodles	Cheesey Chilli Garlic Bread	Parmesan & Rosemary Roasted Crispy Potatoes
Sides	Shredded Lettuce, Salsa, Sour Cream & Chive	Sweet Paprika Roasted Courgette	Peas	Italian Salad Cos Tomato Peppers Red Onion Olives Croutons Parmesan	5 Spice infused Cauliflower	Crushed Chilli Baked Tender Stem Broccoli	Broccoli
Sides	Roasted Broccoli, Guacamole	Spanish Pipirrana Salad Tomato Red Onion Cucumber Cummin Olive Oil	Thyme Roasted Carrots	Sweetcorn	Wok Fried Pak Choi & Carrot Ribbons Prawn Crackers	New York Slaw	Honey Roast Parsnip
Dessert	White Chocolate & Raspberry Sponge	Black Forest Sponge & Vanilla Custard	Dark Chocolate & Courgette Cake	Classic New York Cheesecake	Banana Fritters Warm Syrup	Ice Cream Bar with Chocolate Sauce	Bread & Butter Pudding Custard